

Please check the following activities that aggravate your condition: Bending Reaching Straining at Stool
 Coughing Sitting Turning Head Lifting Sneezing Walking Lying Down Standing

Please check the following activities that relieve your condition: Bending Sitting Lifting Standing
 Lying Down Turning Head Reaching Walking Ice Heat OTC Meds Prescription Meds Rest

Please check any additional symptoms you may be experiencing:

| | | | |
|--|-------------------------------------|--|---|
| <input type="checkbox"/> Cold Sweats | <input type="checkbox"/> Headache | <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Cold Hands |
| <input type="checkbox"/> Face Flushed | <input type="checkbox"/> Sleep Loss | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Cold Feet |
| <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Constipation | <input type="checkbox"/> Loss of Smell |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Depression | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Loss of Taste |
| <input type="checkbox"/> Muscle Cramps | <input type="checkbox"/> Confusion | <input type="checkbox"/> Stomach Upset | <input type="checkbox"/> Frequent Colds |

MEDICAL/FAMILY HISTORY S = Self M=Mother F=Father

(Please indicate which conditions have been experienced by the above by marking appropriate boxes).

| | | | | | | | | | | | |
|--------------------------|--------------------------|--------------------------|---------------------------|--------------------------|--------------------------|--------------------------|------------------------|--------------------------|--------------------------|--------------------------|------------------|
| S | M | F | | S | M | F | | S | M | F | |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | AIDS | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Dislocated Joints | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Neck Pain |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Anemia | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Nervousness |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Arthritis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | German Measles | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Numbness |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Asthma | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Headaches | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Polio |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Back Pain | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Heart Trouble/Disease | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Poor Circulation |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Bladder Trouble/Infection | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Reproductive Disorders | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Bone Fracture | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Rheumatic Fever |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Cancer | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | HIV/ARC | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Rheumatism |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Chest Pain | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Kidney Disorder | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Scarlet Fever |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Concussion | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Bowel Control Loss | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Serious Injury |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Convulsions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Menstrual Cramps | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Sinus Trouble |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Diabetes | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Multiple Sclerosis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Tuberculosis |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Indigestion | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Muscular Dystrophy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Venereal Disease |

Have you been treated by a physician for any health condition in the last year? Yes No

Describe Condition: _____ Date of Last Physical Exam: _____

SURGICAL HISTORY:

1. _____ Date: _____
 2. _____ Date: _____
 3. _____ Date: _____

Have you ever had a metal implant? Yes No Ever been Gunshot? Yes No

PREVIOUS ACCIDENT HISTORY:

Job Auto Other 1. _____ Date: _____
 Job Auto Other 2. _____ Date: _____
 Job Auto Other 3. _____ Date: _____

EMPLOYMENT:

Occupation/Job Title: _____ Work: ___ hrs / day or week

Description of Work: _____

Job Classification: Sedentary (<5 lbs) Light (5-20 lbs) Moderate (20-50 lbs) Heavy (>50 lbs)

Lifting Frequency: Constant (67-100%/day) Frequent (33-66%) Occasional (0-32%/day)

Lifting Postures: With Arms High Near From Knee Off Posture From Torso

CONDITION'S EFFECT ON JOB PERFORMANCE:

Mild - Painful (Can Do) Mod - Painful (Limited Ability) Mod/Sev (Limited Duty) Sev (No Limited Duty) Sev (Can't Do Limited Duty)

RECREATIONAL ACTIVITY: Effects of Current Condition on Performance:

_____ No Effect Mild - Painful (Can Do) Mod - Painful (Limited) Sev (Unable to Perform)

_____ No Effect Mild - Painful (Can Do) Mod - Painful (Limited) Sev (Unable to Perform)